Francis James Grant: d.o.b. 23/6/1944 A.P.I.O.L. \*

Born: Keyham, Plymouth in Devon. U.K.

E-mail: frank@frankjgrant.net

**Languages:** English

\*Accredited Practitioner of the Institute for Outdoor Learning (UK)

#### **Professional Qualifications:-**

1977 Dip. In Youth & Community Work - University of Durham.

1986 Degree in social work: C.Q.S.W. - Newcastle-Upon-Tyne.

1993 Cert. Social Work Counselling Skills. Glasgow Institute.

2003 Cert. Education. UCLAN

2008 Certificate in Therapeutic Application of Wilderness & Adventure Experience [IDHP]

# Additional Personal Development Training:-

Psychotherapy (Transactional Analysis) 3 years. (part time) Mountain Instructor Award Training (Glenmore Lodge) Integrated Psychotherapy (part time – year 2)

#### **Ancillary Qualifications:-**

Transactional Analysis 101
Accredited Expedition Assessor for Duke of Edinburgh Award
Mountain Leadership Certificate

#### **Brief Employment Background:**

Born 1944 to 1959 Formal Education

1960 to 1971 - Military (Royal Air Force)

1971 to 1973 - Civil Servant

1973 to 1975 - Youth & Community Worker

1975 to 1976 - Durham University

1976 to 1980 - Residential Youth at Risk Observation & Assessment Centre (Social Worker)

1980 to 1982 – Newcastle University

1982 to 1990 – Arrow Project – Outdoor Adventure Programs for Youth at Risk

1990 to 2002 - Residential Centre for Recover of Children from Child Sexual Abuse

2002 to 2006 – Freelance, child care consultant: challenging behaviour programs, trauma recovery programs, conflict resolution programs, communication rotes between youth and adults in authority, adventure challenging programs to effect behaviour change.

2006 to current - Wilderness Therapeutic Practitioner Training & Development

# <u>Professional Experience-Working with Young People( in brief):-</u> <u>Individual and group work with young people who:</u>

Present self-harming behaviour.

Present behaviour issues for residential workers.

Have low self esteem and self worth.

Are deemed disadvantaged in some way,

Have been victims of childhood abuse.

Have prostituted themselves,

Are street children ('latch key' children),

Are victims of familial paedophilia,

Were displaced from their country of birth(Asian youths who were ejected from Kenya),

Were deemed anti social(Hell's Angles-Brighton & Hove Chapter),

Were disenfranchised from their community/family, society in general,

Are in conflict with others or society in general.

# Professional Experience-Working with professional workers( in brief):-

Individual and staff teams:

Individual staff and team supervision,

Individual staff annual appraisals,

Complaint investigations,

Joint child abuse investigations,

Training through workshops/seminars and lectures.

Staff development programmes,

Training staff teams how to deal with aggression and violence in the workplace,

Programme development,

Report writing skills,

Keeping self and colleagues safe from false allegations of misconduct,

Training practitioners to use adventure activities as a medium for relationship building with clients.

# Training/Teaching/Facilitating Learning Work:-

#### Some Major Workshop/Seminar deliveries:-

USA - Chicago - Issues for those adults working with victims of child sexual abuse.

Oslo – Self-Harming Behaviour among Disenfranchised Young people.

Stockholm - Working with Disaffected Young People in care.

Czech Republic – Driver Behaviour and Insidious Discrimination in groups.

Poland – Effective Practitioner Development constructs.

Hungary – Wilderness Canoe Journey with 12 young people.

Germany – Using Nature as a metaphor for promotion of spiritual discover.

Turkey – Understanding the issues & consequences of child sexual abuse.

Spain – Therapeutic Wilderness programs to effect positive self healing.

Scotland – Wilderness and Nature activities to effect self healing.

Estonia – Vision Quest training for outdoor practitioners.

#### Canada - AEE Annual Conference(Vancouver BC):-

1]Adventure Therapy versus Therapeutic Adventure

2]Pre-Conference workshop on *Duty of Care with Child Protection issues*.

3]Two day workshop seminars to open audience at Victoria University B.C.

Self-Harming Behaviour/Child Protection/Understanding Aggression and Challenging behaviour/Therapeutic Models that can used in the outdoor environment and little 't' and Big 'T therapeutic approaches.'

New Zealand - International Conf. Of Association for Experiential Education: Child Protection/Duty of Care

Republic of Ireland (Dublin) – Guest speaker at 1<sup>st</sup> Outdoor Learning Conf.

# U.K. [Too many to mention but some major ones being:-]

Field Studies Council UK – Duty of Care and Child Protection issues.

St.Martin's College Ambleside – Therapeutic Adventure and Adventure Therapy approaches.

Child Protection Training & Action Research Models.

IOL(Northern Region) Heads of Centres - Duty of Care and Child Protection issues.

IOL(National Conference) Conflict, Aggression and Violence in the work place.

IOL Professional Development Seminar: Child Protection.

IOL South West Region – Child Protection & Duty of Care in the Outdoors and Dealing with Challenging Behaviour.

Derbyshire – 1 Day Conf opening talk on the benefits of Outdoor Education for young people.

Staffordshire – Conflict resolution in the outdoor medium.

Scotland – Challenging Behaviour; Using the Outdoors for Sexual Abuse Recovery.

#### Published material:-

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1988	A Handout (Aide Memoir) for professional workers[Child Sexual Abuse].
1992	"Silent Victims" A book for students and lay people looking at the Issues and
	Consequences of Child Sexual Abuse.
1996	"Thoughts & Feelings[Poetry written between 1965 & 1995]
1999	"Lyrical Lakeland" [Myths & Legends of Old Cumbria in verse]
2002	Published articles - Horizon(Institute for Outdoor Learning)
	"Learners and Learning" – Issue 18 Summer
	"The Incident" – Issue 19 Autumn
	"Child Protection" – Issue 20 Winter 2002
	"Dealing with Aggression and Violence in the Workplace" [Issue 21 Spring 2003]
	"Therapeutic Applications in Adventure Activities" [Issue 22 Summer 2003]
	"Snow Formation and its Properties in relation to Avalanches" [Due out Winter 2003]
2003	Turkey Climbing Magazine – "Death on The Eiger"
2004	"Skilled Practitioner". A resource Book for individuals who work with and for children
	and young people.
	"Pandora's Box Re-opened" A look at ten years of research into self-harming
	behaviour among young people who may or may not have been sexually abused in
	earlier childhood.
2008	"Climbing with Angels and Ghosts" – The autobiography of a nobody centred around five

<u>Books in Manuscript:</u>
"Flightless Albatross – The Panglossian Journey of an Outdoor Practitioner"
Expected publication date – Summer 2010.

near death experiences whilst on adventurous activities.

I am a non political and non discriminatory practitioner